

## 2019 St. Jude Washington to Peoria Run

Washington Police Department will provide our escort to Peoria Civic Center

1/6/19

Leg	Dist	Start Time	Directions	Exchange Point	End Time	Total Mileage	Duration
1	1.1	10:00	Leave at <b>10:00</b> from the N Wilmor Rd high school football parking lot, go north to Newcastle, turn left on Newcastle to Dallas, right on Dallas to Westminster Dr & turn right for exchange at Coventry and Westminster Drive.	Westminster & Coventry	10:15	1.1	15
2	1.1	10:15	Continue on Westminster Drive to Hampton, turn left, cross Devonshire onto Westminster back around to Devonshire, turn left on Devonshire, go to 602 Devonshire	Devonshire & Westgate	10:28	2.2	13
3	1.4	10:28	Continue on Devonshire to east end of Wilshire Dr., turn right, Wilshire to Lincoln, turn left, down Lincoln to Jefferson, turn left on Jefferson, go to Main Street, turn left go to Hilldale Ave, turn right for exchange at Sweitzer Park & 104 Hilldale.	Beginning of Hilldale	10:44	3.6	16
4	1.6	10:44	Continue on Hilldale to West St, turn left, go to North St, turn right, go to Terrace Court, turn right, go to Hilldale, turn left, go to Lawndale, turn right, go to Knollcrest, turn left, go to Miller St., turn right, go to 1015 Miller St. for exchange.	1015 Miller St	11:02	5.2	18
5	1.3	11:02	Continue on Miller St. to Lawndale, turn left, go to Rt. 24, turn left, go to Lynn St., turn right, go to Holland St., turn right, go to Elm St. turn left, go to Melvin St. & Elm St. for	Elm & Melvin	11:32	6.5	30
6	1.2	11:32	<b>**COSTUME CONTEST**</b> Continue on Elm St. to Oakland, turn right, go to Main St., turn right, go to <b>Washington Square</b> & around square & head west on Rt. 24 to Wood St & Peoria St. for exchange.	Washington Square (Costume Contest)	11:55	7.7	23
7	1.6	11:55	<b>**FAST LEG**</b> Continue on Peoria St to S. Willmore, turn left at Michael's, go to Kern Road, turn right, go to Woodland, turn left then turn right on Dogwood Dr., turn left on Bayberry Dr., continue to Bayberry Dr. & Firethorn Dr. for exchange.	Bayberry & Firethorn	12:14	9.3	19
8	1.9	12:14	Turn right on to Firethorn Dr., go to Greenbrier Ln., turn left, go to Evergreen Dr., turn right, go to Kern Rd., turn left, go to Hillcrest Dr., turn right, go straight across Rt. 24 to Elgin to Grandyle Dr., turn right, go to MacKenzie St. turn right, continue across Kingsbury Rd. to 617 Simon St. for exchange.	Trails Edge	12:36	11.2	22
9	1.5	12:36	Continue on Simon St. to Kelsey St., go to Grandyle Dr., turn left, go to Kingsbury Rd, turn right, go to 1823 Kingsbury for exchange.	Kingsbury & Cummings	12:53	12.7	17
10	1.0	12:53	Continue to N. Cummings Ln, turn left, go to Constitution St., turn left, go to Mount Vernon, turn right, go to Rt. 24 & Mt. Vernon for exchange.	Mt Vernon & Washington Rd	1:11	13.7	18
11	2.2	1:11	<b>**FAST LEG**</b> Runners turn right on Washington Rd. Take right on N. School St then a left on Lexington Rd for next exchange point.	Lexington & School St	1:29	15.9	20
12	1.0	1:29	Continue down Lexington, turn right on N. Summit Rd, go straight at the stop sign, turn left on Windsong Dr	Windsong & Savannah	1:41	16.9	12
13	1.4	1:41	Turn left on Savannah Ln and then right on Centennial Rd to next exchange point at ICC East Campus exchange	ICC East Campus	1:57	18.3	16
14	1.7	1:57	<b>**Nathan and Olivia's Lemonade Stand**</b> Continue on Centennial Dr, turn left onto Highview Road, veer right and stop at Armstrong School for lemonade stand. Exchange at Fondulac Congregational UUC Church	Fondulac Congregational UUC Church	2:32	20.0	35
15	1.1	2:32	Continue on Highview Dr. to the stop sign, turn right & continue to Frasier St., turn left to Arnold. Exchange at Arnold & Fondulac Dr.(Bolin Grade School)	Bolin School	2:49	21.1	17
16	1.2	2:49	Continue on Fondulac Road to 904 Fondulac (Look out point of the Paradise & Illinois River).	First Fondulac Lookout	3:03	22.3	14
17	1.4	3:03	Continue on Fondulac Road second overlook. Wait for EPFD to block traffic then continue to the Fondulac Bridge over Rt 74 down to Rt 116, turn left on 116 then right on Washington St. Stop at Springfield Electric	Springfield Electric	3:44	23.7	41
18	0.9	3:44	Continue W. Washington St through downtown EP. Exchange is just past the on ramp to Interstate 74.	Cat buildings	3:54	24.6	10
19	1.0	3:54	Continue on W. Washington St to Peoria side of Bob Michel Bridge for exchange point at Adams and Kumpf	Adams & Kumpf	4:05	25.6	11
20	0.5	4:05	Continue on Kumpf past LC Cat lot, right on SW Monroe then left into parking lot	<b>We made it!!</b>	<b>4:20</b>	26.1	15

Easy
Moderate
Hard
Fast Leg (8:30/mile pace)

